



## 2021 CUP DAY MEMORIES



A great day, several winners, and we even bowled.

## CALENDAR

### November

26 Function – Crabtree 1-5pm

### December

2	Function – PWC	2-6pm
3	Function – Dairy Farmers	12-4pm
10	Function – Australian Super	12-4pm
12	Function – Steph Family	12-4pm
16	Function – Morgans	5-9pm
17	Function – Paxus	2-6pm
19	APBC CHRISTMAS PARTY	1.30pm

## What the Board discussed at its last meeting:

- Badges to replace championship trophies to be purchased in bulk and suitably engraved – ongoing
- Security cameras(2) able to record 24/7, one month's capacity
- Club's finances are stable
- We may forfeit some games in the 4ths this year due to player availability prior to Christmas and face minor fines from BV
- Controlling body person to be provided by home club on pennant days
- Calendar review
- Sesquicentennial celebrations – progressing
- New sponsorships to be sought
- Club hatbands on their way
- Damage to awning – sourcing repairer
- Bowls Victoria is listing vaccination status of all registered bowlers in their system
- Female member to facilitate/ assist re Junior bowls. Green fees for Juniors, waived
- Christmas Party
- Website under re-construction. Martin P is now our Webmaster

*If at first you don't succeed, don't look so shocked.*

# Junior Members



From left – Elih Durrant, Oli Earle, Kobe Davis-Earle and Ed Earle . . . rain, hail or shine



Club shirts have been issued to Junior members and the program restarted 4pm Wednesdays from 27/10.

Communication has been made with various local schools to be included in the bowling activities and the development of a *Emerald Hill Cup* event.

Kobe has been approached by Saturday Selectors to play pennant – well done Kobe.

# AROUND THE CLUB

## CLUB CHAMPIONSHIPS 2021-2022

Sign-up sheets are now on the Notice Board. Entries for singles format competitions close on Friday, 19 November 2021, while entries for multi-player competitions (pairs and triples) will close on Friday, 14 January 2022. This year's *Conditions of Play* are also posted on the noticeboard. Any questions, just ask our Tournament Director, Wayne.

## FROM THE GREENKEEPER

Greenkeeping hours have changed from 10am to 11am to 9am to 10am on Mondays and Fridays. This will give members an extra hour for casual bowls and roll-ups

## RETURNING MEMBERS

We welcome back Richard Swift and Len Mann to the Club.

## NAME BADGES

If you required a name badge, please fill in the appropriate form on the noticeboard.

AND Grippio and Chalk now available from the office. Both \$7. Please see Lindsay.

## BAR PRICES

Please note that these are now back do normal, no discounts.

## AND THE WINNER IS . . .

Kel for his photo of the wooden vehicles created during lockdown. Thank you for your participation. Prize on its way.

## FOR THE CHRISTMAS PARTY WE NEED . . .

We are looking for baskets, fancy boxes for hampers and also in-date products to fill them. We gladly accept money in lieu of product. For further information please contact Margot.



## DO YOU NEED A HEARING CHECK?

Contact Andrew Gommers from Bowls Australia ([agommers@bowls.com.au](mailto:agommers@bowls.com.au)) to arrange an appointment for a FREE hearing check and our bowls club will receive a \$10 donation.

# Albert Park Bowls Club Christmas Party

## Sunday 19th December

1.30pm catered BBQ lunch by our sponsor

Come for a drink or a friendly roll and maybe win a raffle prize

Sign-up sheet on the noticeboard

## CHECKLIST FOR SUCCESSFUL PENNANT PLAY

**Playing successful competitive inter-club bowls is very much a team effort. Success is not just about winning but having an enjoyable social experience and making new friends however, your enjoyment will be greater if you win! Talk yourself into a winning mindset, visualise winning every shot. Make sure you are prepared so as not to let yourself or your team down. Your goal is to perform at your best and assist your team members to bowl at their best so start now by getting bowls fit.**

Preparation is required for success. Your bowls bag should contain:

- Name tag
- pencils
- energy snacks
- water bottle
- chalk
- sunscreen
- cap/hat
- jacket, warm & cool layers

- Fixtures booklet
- bowls cloth
- measuring tape
- Grippo
- APBC decals affixed to bowls

Your green fees in exact change. Check the emailed draw and see if your rink is on duty to set up the clubhouse or green. Arrive to allow time to perform duties calmly. Being relaxed will improve your bowling.

Your Role –

Know your position, who you are playing with and their respective positions. You have studied in detail the responsibilities of your position those of the other positions. Project a positive disposition. The Manager will advise the rink and mat assignment on the day. Use the two end roll-up to determine the best line and length for each of the four sides.

Before the Game on the Day –

Bring lunch and high energy snacks

Arrive early for lunch and tasks and assist setup of green

Apply sunscreen and commence warm-up bowling.

Prepare bowls & equipment

Be ready to play early allowing time to welcome opponents.

Mentally go through your bowling processes.

Being fully prepared and relaxed physically and mentally you will be able to play at your best.



Tips when Bowling –

- The Art of bowling requires not just physical but largely mental skills, particularly the ability to focus and screen out every distraction except your own bowling process and execution. Respect other bowlers need to concentrate.

- Know the signals and language of bowling, eg. side to play, shot, shot types, etc.

- Be ready to bowl: pick up your bowl early, dry / clean it and, standing behind your opponent watch the track of their bowl. When their bowl stops the mat is yours.

- Study the head throughout and know which bowls belong to each team and where the jack is situated well before your turn. Be involved in the game.

- Focus strongly on screening out comments you may hear on the green. Concentrate only on your own technique and be ready to comply with your Skip's request to bowl to any required position. Wait and engage your Skip for advice.

- Get off the green when not bowling unless you are a Third or pushing bowls back but do so only after the announcement of the agreed score by thirds.

- In order to relax if feeling stressed, exhale slowly several times before bowling.

- Be courteous, genuinely applaud good shots, our own side and the opponents. Feeling good about yourself will result in better bowling.

- Assist in the smooth functioning of the day to the end, and make visitors feel welcome throughout.

- Advise details of any incidents to your Skip and when playing at home politely request visitors, in a firm but friendly manner, to comply with Club rules.

- Refrain from any negative commentary, only encourage and support others.

- If for any reason you encounter offensive bad language, unsporting behaviour, misogynistic or sexist remarks, or violence, ask your Skip to stop the game immediately and report such incidents to the Umpire who may invoke an eight point penalty against the offending team. Report further incidents immediately.

*Win or lose, the main thing is to have enjoyed the contest so at the end of a home game be polite, shout your opposite a drink and stay for a chat rather than dashing off.*